



# HERBAL REMEDIES FOR PETS

*Posted on October 13, 2020 by Genesis*

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Herbal remedies aren't just for humans. If you haven't yet tried medicinal herbs with your pets, it's a great time to start. Animals, when in the wild, will automatically seek out herbs on their own if they're sick. You can help the domestic animals in your home to feel better with herbal remedies just as you do the humans.

## **Stop Itching with Aloe Vera**

You can use fresh aloe vera gel on flea bites or other skin irritation. Simply peel the aloe vera leaf and puree the inner flesh. Apply the gel to the itchy spots. It's best to avoid your pet licking the area where the aloe is applied, as it can cause tummy problems.

## **Ease Anxiety with Oats**

While you may not consider oats to be a medicinal herb, this grain can actually be very helpful. Dogs with anxiety or depression symptoms will benefit from having a little cooked oatmeal added to their meals every day.

## **Use Calendula Salve to Heal Cuts**

Any pet can benefit from a salve made from calendula. The salve can be used to help heal minor cuts, scrapes, and even minor burns. Simply apply the salve twice a day to the area. You may need to use a cone or bandage to prevent the animal from licking the wound.

## **Calm a Dog's Upset Stomach with Ginger**

A little ginger tea (roughly 2 tablespoons in 2 cups of hot water) that has been cooled can do wonders for easing nausea in dogs. You can give just a little, a couple of tablespoons to see results. Do not give ginger to cats.

## **Corn Silk Treats Incontinence**

Harvest fresh corn silk and dehydrate it until it's dry enough to grind to a powder. Sprinkle a tablespoon of the powder on your pet's food to help treat urinary incontinence. Keep in mind that you need to ensure there is no underlying infection causing the incontinence.

## **Deworm Your Pets Naturally with Pumpkin Seeds**

You can give pumpkin seeds to your pets to naturally dispose of worms. To make a quick and easy remedy, blend ½ cup of raw pumpkin seeds with 1/8 cup of coconut oil. Add a teaspoon daily in the

pet's food for cats or small dogs and a tablespoon for medium-sized dogs. Large dogs can take two tablespoons a day. You can do this regularly or just for a week every six months.

## **Stop Bad Breath with Parsley**

Add some chopped, fresh parsley to your pup's food at the next meal to help with their bad breath. This can also be used for cats to ease urinary tract issues.

## **Boost Dental Health with Green Tea**

Green tea is just as good for your pets as it is for you. Brew it cold by adding a tablespoon of green tea to a liter of cold water and let it steep for 20 minutes. Strain out the tea and keep the water in the fridge. You can mix 1/8 cup twice a day into food for cats and little dogs, 1/2 twice a day for medium dogs, and large dogs can have a cup twice a day. You may also offer it alongside drinking water. This helps freshen your pet's breath and keeps their teeth and gums healthy and clean.

## **Treat Hairballs and Tummy Upsets with Slippery Elm Bark**

Slippery elm bark can be dried and powdered for use with your pets. Mix 1/4 teaspoon of the powder into water for any pet under 10 lbs and then add another 1/4 teaspoon for every 10 lbs after that. For example, a 50 lb. dog would have 1 1/4 teaspoon of slippery elm mixed into water and fed to them.

## **Relieve Gas with Dill**

Does your pet suffer from bad gas? If you've noticed some extra flatulence around the house, it's time to get out the dill. More specifically, the seeds. You can crush the seeds and steep 1 teaspoon in 1/2 cup of boiling water for 10 minutes. Cool and strain the tea, then add a few tablespoons at a time to your pet's food. Some like to drink it right out of the water bowl.

## **Oregano Treats Fungal Infections on Dogs**

Oregano should never be given to cats. However, it can be a great wash for dogs with fungal skin problems. Simply boil 2 tablespoons of oregano leaves in a cup of water and cool. Rinse the affected area with the oregano tea. If your pet allows you, drape a soaked cloth over the area for a few minutes.

## **Calm Your Pet with Valerian**

This is actually a very unique herb in that it will calm a dog or rabbit down, but perks cats right up.

For cats, you can simply grow the herb in a container within their reach and they will eat it on their own in most cases. This is helpful if you have a cat that needs more exercise. However, in other animals, it has a soporific effect and is useful for treating anxiety. Make a tea with 1 tablespoon of fresh leaves mixed into 2 cups of boiling water and mix into your pet's food, a couple of tablespoons at a time.

## Clean Oozing Eyes with Goldenseal

Do you have a pet with weepy or infected eyes? While major infections require a vet, you can treat minor ones by making a tea with goldenseal and washing your pet's eyes with it. Simply boil a couple of tablespoons of goldenseal in water and let cool. Dip a clean cloth into the mixture and use it to wipe the eyes clean. Be sure to use a fresh part of the cloth for each eye to avoid passing the infection back and forth.

## Chamomile Tea Spray Reduces Skin Irritations

Have a cat or dog with irritated skin or a mild rash? You can make a tea with 2 tablespoons of dried chamomile in 2 cups of boiling water. Cool and use as a spray for the pet's skin. Keep it in the fridge for up to a week.

## Licorice Root Helps Ease Arthritis

If you have an older cat or dog, you may notice that they are getting a little stiff in the joints. Animals can develop arthritis and licorice root is a good natural remedy for it. It's also helpful for cleaning the blood and preventing coughs. You may add powdered root to your pet's food or give them a drop of tincture per every 10 lbs.

## Treating Pets Safely with Herbs

Just because you can use a remedy yourself doesn't mean it's automatically safe for your pet. You should always check with your vet before administering a herbal remedy, particularly if your pet is already on medication. Avoid treating pregnant animals, as well.

Keep an eye out for any potential reactions and if in doubt, use a smaller dose and see if your pet reacts. If you're trying something new, be sure to research the toxicity for pets before you begin.

Herbs can be medicinal for both humans and animals and when you use them safely, it's a great way to naturally help your furry friends feel better.

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## Comments



**J Marie Gutierrez Trevizo** - 2021-02-22 16:14:15

Is there a book available for purchase for herbs for animals?



**Deborah Rosato** - 2020-10-28 13:32:55

My chocolate elder Labrador has chronic ear infections. Dark gunk collects inside . I try cleaning with which hazel infused with coconut water or plain. Any herb that might be good for this problem. Vet always wants to give her drugs



**The Lost Herbs** - 2020-10-22 10:47:02

Hi Paula, Slippery elm bark helps to soothe and lubricate the digestive tract, reducing inflammation and helping the hairball move in the right direction. The tannins in the herb reduce inflammation, and the oily mucilage components lubricate the digestive tract and assist in waste elimination. God bless!



**Stacy** - 2020-10-18 12:09:46

Thank you, I will give that a try.



**The Lost Herbs** - 2020-10-16 14:04:46

Hi Sarah, Thank you for your comment. Yes, it is safe for both rabbits and chickens to eat pumpkin seeds. For rabbits, seeds are generally bad because they're high in fat. I would suggest to give them only as a snack. God bless!



**The Lost Herbs** - 2020-10-16 13:53:59

Hi Jackie, Thank you for your comment. You only need to use half a cup of apple cider vinegar (ACV) and mix it with half a cup of water. Be sure to take a look at your dog's ears first to see if they are red and inflamed. If so, you need to make the solution with a lot less vinegar. This method is effective in removing the excess wax. It will diminish the effects of any infection and since the solution is acidic will kill a lot of the bacteria. God bless!



**The Lost Herbs** - 2020-10-16 13:47:56

Hi Don, Thank you for sharing this with us. Really appreciate it. God bless!



**Sarah** - 2020-10-16 00:12:49

Curious if I can safely feed my pet rabbits and chickens the pumpkin seeds.



**Jackie** - 2020-10-15 01:50:19

Hello. I'm still reading through the wonderful book. Question with pets as our golden doodle suffers with extra ear wax and buildup, any helpful tips as it's in her ear and not topical. Thank you for all the wonderful knowledge!



**Don** - 2020-10-14 21:16:28

Years ago I had three cats and they were young and before I got a chance to get them dewormed I had gotten ringworm passed from them. So I went to the doctors and gave me some type of prescription of sulfur pills. Sulfur destroys worms. after I followed the prescription and I think it only took less than a week and they were gone. As they begin to die and dissolve you can see how the ringworm just below your skin will dissipate.



**Lisa** - 2020-10-14 15:08:32

I meant to say, the kitten's bedding!



**Lisa** - 2020-10-14 15:04:48

Have you tried Diatomaceous Earth? Dust the kitten with it once or twice a week. Also dust your house, carpet, the kitten's behind etc.



**Stacy** - 2020-10-14 11:42:15

Do you have any remedies for fleas? No matter what I have tried on our rescued kitten that was tossed in a box on the side of a farm road, I can not get rid of them.



**The Lost Herbs** - 2020-10-14 10:29:42

Hi Maryann, Thank you for your comment. One of the natural remedies you can use to get rid of Ringworm is Apple cider vinegar. ACV has strong antifungal properties, so it may help treat ringworm when applied topically to the affected area. To use it, soak a cotton ball in undiluted apple cider vinegar and brush the cotton ball over your skin. Do this three times per day. You can also try Tea Tree Oil, Coconut Oil, Aloe Vera, Oregano Oil, Powdered licorice, or Turmeric. You should see your doctor if your symptoms don't clear up or don't respond to treatment within two weeks. God bless!



**The Lost Herbs** - 2020-10-14 10:25:39

Hi Lynn, Thank you for sharing this with us. We are glad to hear that this natural remedy worked on your Gran Dog. God bless!



**The Lost Herbs** - 2020-10-14 07:47:07

Hi Joan, Thank you for your feedback. We are glad to hear that you like the book and our article. God bless!



**Paula Millar** - 2020-10-13 22:03:17

So does the remedy for hair balls just sooth them or does help them clear the fire ball?



**Sherri L Rex** - 2020-10-13 21:21:19

olive oil rubbed on the inside of the ears will sooth the itching. also can be used when earmites occur. i use this with my dogs, rabbits, horse



**Maryann** - 2020-10-13 19:21:11

How can you get rid of ringworm on humans?





**Lynn** - 2020-10-13 17:29:55

My Gran dog has suffered terribly from seasonal allergies. She was constantly scratching. When she visited I rubbed her down with almond oil infused with comfrey leaves. It worked! Not only has the itching stopped but also the bare spots on her fur have healed and the fur has grown back. I can kick myself for not trying this sooner.



**Carrie** - 2020-10-13 13:43:29

What can help itchy ears for dogs, With Out earmites?



**Joan England** - 2020-10-13 13:41:03

Thank you for all of your great information and help. I enjoy your book, The Lost Book of Herbal Remedies. I like the information about herbs and pets.