



BEST NATURAL FIRST AID: STOPS BLEEDING IN 10 SECONDS!

Posted on January 23, 2020 by Claude

Believe it or not: it's Cayenne Pepper (ground red pepper)!

And it does not burn or sting!

All you need to do is to pour the cayenne pepper powder directly onto the cut or laceration.

In addition to stopping the bleeding from exterior wounds, cayenne also works for internal hemorrhages inside the nose, stomach, and throat. In these cases, of course, the cayenne must be taken orally.

Dr. John Christopher recommends:

"...take a teaspoonful of cayenne in a glass of extra-warm water, drink it down, and by the count of ten, the bleeding will stop. Instead of all the pressure being centralized, it is equalized, and the clotting becomes more rapid. Whether the bleeding is internal or external, a teaspoon of cayenne taken orally in a glass of hot water will stop the bleeding quickly." (paragraph from the book School of Natural Healing)

How Does Cayenne Pepper Stop Bleeding?

Cayenne Pepper is high in Vitamin K – the vitamin that coagulates the blood. It is the powdered vitamin that was given to soldiers in WWII to pour over the wound in case they were shot.

Most sources say that cayenne pepper reacts with the body to equalize the blood pressure, meaning an extra gushing of pressure will not be concentrated in the wound area as it normally is. Blood will quickly clot when the pressure is equalized. I personally don't understand this mechanism...

In addition to stopping bleeding, cayenne pepper is a great herb to disinfect the wound because it possesses anti-fungal and anti-bacterial properties.

After the bleeding stops, you can add plantain bondage. Cayenne pepper works for small and medium cuts. Call 911 if you have a life-threatening hemorrhage (including liver, femoral, heart, lungs, jugular areas).

<https://www.youtube.com/watch?v=Dn2iiuKiHJ0>

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Comments



Kimberly - 2021-04-20 04:30:55

What exactly do you do after the blood clots? So you put the Cayenne in and the bleeding slows and stops. But then what do you do when it's time to either bandage or stitch it? Do you rinse out the powder out of the wound or do you close with the powder still in there?



Linda - 2020-06-04 19:19:05

Thank you so much for posting this. We are BIG fans of Cayenne, both dry and as a tincture. Looks like your thumb is functional. Praying that the healing process will go well. Blessings,



Linda - 2020-06-01 20:49:09

I was wondering how much volume would 2 ounces of couch grass roots be? Also how much should one take?



The Lost Herbs - 2020-05-15 10:54:32

Hi Dianne, Thank you so much for your comment and for sharing your personal experience. God bless!



Dianne - 2020-05-05 15:23:48

Used cayenne pepper 50 years ago for my three boys bleeds. My middle son who was prone to nosebleeds was so active - climbing trees etc that he'd kick off a nosebleed and to my surprise & admiration - at only about 9 years old would come in & go straight for the milk and cayenne. I'd taught him to put like a 4th of a teaspoon red cayenne pepper into a little bit of milk and drink it. We also learned to pick plantain leaves, rinse em & scruff em up and put into his nose if it was bad.. Turns out a no brainer; contains Vit K thet clots the blood.